

How to Attract Money
Anytime, Anywhere, Doing Anything!

By Dr. Joe Vitale

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Editor: Suzanne Burns

Dedication

This book is dedicated to Vash Young.

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Introduction

There are many ways to attract more money into your life. After all, an accumulation of money well-spent, is pretty much a collection of things that can balance out your life in a positive, profitable way. The items that you purchase for yourself should never put you in debt, make you feel desperate or enable you to struggle. I teach people one of the seven steps in my book, [Attract Money Now](#), which is *Prosperous Purchasing*. This is a method of viewing your spending as a way to support the economy and as a way for you to experience and anchor abundance.

So many people struggle with money and don't know how to go about acquiring it. The truth is, once you train yourself to look at life through the eyes of abundance, you will discover that money is all around you and there are infinite ways for you to experience wealth. In this ebook, I will share a few ways in which you can tap into life's prosperous flow by improving your skills, staying in good health, being physically fit, eating nutritionally, being mentally fit, being knowledgeable, having good relationships, etc.

This ebook will teach you how to attract money, no matter what kind of actions you take, by consciously linking your thoughts to the activity you are already doing and viewing everything in terms of prosperity. This is what we call "prosperity consciousness." You'll also learn little ways to multi- task your daily life, while simultaneously attracting financial abundance.

How to Attract Money While Watching TV

They say watching too much TV can be bad and non-productive. However, when you are willing to see the positive in all things, everything in moderation (even TV) can be a good thing. Below you'll see examples of how watching television can actually help you attract money into your life, if you properly use them.

Enjoy comedy shows. Laughing and smiling is healthy. It will put you in a good mood. Your positive emotion will make you forget about negative things going on in your life. Since your mind can only focus on one thing at a time, you can make a conscientious effort to only focus on the good.

Study commercials and infomercials. You can find tons of good copywriting, selling and marketing ideas by watching commercials and infomercials through the eyes of a student of business, than what a customer would see.

Find deals on shopping networks. You can save money by shopping for your business and personal needs on your TV. A lot of times they start lowering the price towards the end of the sale.

Play along with game shows. Using your brain to solve puzzles, answer quiz questions, spell words, etc., will help improve your overall intelligence. The brain needs exercise to function, much like the body. A playful spirit helps to relax the mind and body and allows for inspired ideas to flow in easily to help you attract more money.

Watch motivational movies. Movies that show a person having to reach a goal and get over obstacles can trigger you to do the same. Since movies are accompanied by soundtracks (music), you can listen to the music repeatedly and use the music to anchor the wonderful feelings you experienced by watching the movie to keep you motivated.

Watch only the positive news stories. If you are someone who likes to stay updated on local, state and world issues, then I recommend you record your news so that you can fast forward through the fear-based stories, which the news can be known for. You can also take advantage of internet news to remain positive, i.e. www.happynews.com, www.newsforthesoul.com, etc.

Know the weather. It can help you prepare for cloudy days or bad weather that can put you in a negative mood. The weather can create all kinds of emotional effects on you, especially if you have to be out in it. Believe it or not, if you are susceptible to Seasonal Affective Disorder (S.A.D.), you could look into getting full spectrum bulbs, taking Miracle II baths, etc. Remember, the Law of Attraction responds to your feelings the quickest, therefore, it's important that you do everything in your personal power to keep your emotions up!

Get financial news. You can get plenty of business, investing and marketing ideas from watching financial information. You can learn what other businesses are doing to increase their sales. One of the best shows on TV that I used to watch, religiously, was ["The Big Idea" with Donny Deutsch](#). I was even a guest on his show and it was one of the highlights of my life!

Fortunately, you can still visit [CNBC's website](#) and read past blogs, view videos, slideshows, etc.

Watch sporting events. It can get you in a competitive mood. You can transfer that drive or energy to your career or business. I challenge you to train your mind to only focus and cheer for the winning plays, team, etc. This is an exercise to embrace only the good and not to focus on the drama or disappointment. There is a famous phrase: "Where attention goes, energy flows." Direct your attention on the positive and reap the benefits of this exercise.

Watch romantic shows or movies. It can help to put you in a romantic or loving mood. If you have a significant other, you can sit beside each other and hold hands. If you're in a healthy relationship already, it can lead to an even greater abundant life. Remember, feeling good raises your vibrations and the higher your vibrations are, the faster you attract the things you want into your life. Whether you're in a relationship or not, you can still witness romance and feel joy. If it's a relationship you seek, increase your joy so that you can attract someone who resonates with you on the same joy-frequency.

Play TV games. Nowadays you can play games right on your TV. It could be through your cable or satellite network or through a video game system. Just play games that put you in a positive mood or that are related to doing business.

Study learning TV shows, i.e. Discovery Channel-types. You can become knowledgeable in about any niche like history, health science, business, animals, politics, etc. You could get ideas for other niches to go into business in or content for your website.

Watch kid cartoons. They are funny and can take you back to positive childhood memories. Plus, it will help you spend time with your kids if they watch them too. Having a mind-set like a child can help you come up with profitable ideas because children have better imaginations without limitations.

Learn from reality TV shows. If you watch reality shows you can learn how real people get in shape, make money, have relationships, compete with others, etc. You can just model their good qualities, emotions, character traits and habits.

View travel shows. You can actually relax and have fun by projecting yourself in different travel and resort locations on the television. There are shows that take you to fun and peaceful destinations, resorts and landmarks all over the world. Your subconscious mind will take you on virtual vacations to recharge your batteries.

Follow along with exercise shows. You can actually exercise along with the people on TV. You can get in shape while being entertained by the TV trainer and the motivational music they play along with the work outs.

Study dance shows. You can learn to dance by watching dancing shows. You can get up and dance by yourself or with your partner to have fun and get exercise at the same time. Mainly people like to dance on romantic dates which can help your relationships.

Watch old movies and TV shows. They can be attached to happy past memories in your life that can put you in a positive state. You can use those memories anytime you want to get out of a negative mood.

Learn from talent or skill shows/competitions. If you watch other people's talents you can learn from them and pick up similar skills. You can never have too many talents or skills that can help you attract more money in your life.

View real life biography shows. Most biography shows tell a story about how a person started out as a child and how they become rich and/or famous. You can model people's biography/autobiographies and apply their positive actions in your own life.

Follow along with cooking shows. They can teach you how to cook more healthy meals, save time cooking, where to get good/lower prices on food, etc. Eating and cooking is a big part of our lives so it's good to know how to take advantage of it to improve our life.

Watch international foreign films or TV shows. You can watch foreign films and use the dialog to follow along and learn a new language. The business world is going global, therefore it's good to know as many languages as possible, because it will expand your customer base.

Study talk and interview guest shows. Watching interview shows can help you learn about successful people and about important topics and issues in the world. If you study these shows, you can learn how to carry on conversations and use them to your advantage to meet new people and persuade them to buy.

View religious TV shows. They can give you faith and hope that you can get through any kind of obstacle that is in the way of you reaching your goals. Believing in a higher power can give you that extra inspiration to overcome anything.

Listen to music videos or TV stations. Listening to good motivational music from your TV lets you be mobile and get your chores and responsibilities accomplished around the house. Having tedious chores to do can sometimes get you down and the music will help you get positive and give you the energetic boost you need to complete your tasks. Of course, you can use a radio or mp3 player for music too.

Watch TV recorded shows or DVD movies. Nowadays, with all of the technology that exists, you can watch any show you want, at your leisure, so you don't miss a thing. You can even watch shows and movies on your phone. Be sure to select a program or film that motivates and inspires you.

How to Attract Money with Your Mobile/Internet Phone

Today, over five billion people have mobile phones and this number is growing every day. Mobile phones allow you to access just about any information or anyone in the world. Instead of looking at your phone as just an electronic or communication tool, you need to look at it as an opportunity to attract more financial freedom. Below are tips in which you can profit with technology, such as your Internet phone:

Access free online videos through the Internet to watch. You can watch funny videos to get you in a positive mood, watch financial shows to learn how to make more money, watch instructional shows on how to repair something to save yourself some money, etc.

Pick and subscribe to different types of news stories and RSS (Really Simple Syndication) feeds that could affect your business niche or career. This allows you to get the updates about your selected interests anytime new information in your niche is posted on the web. This is a great way for you to keep your finger on the pulse in your industry.

Take advantage of today's technology to stay connected. Nowadays, you can get more business done faster than ever before by sending emails, texts, IM's (Instant Messages), and making calls from your cell phone from virtually anywhere in the world to stay in contact with positive people, business associates, customers who need customer service help or tech support, etc. With voice mail also available, there's no excuses for failed communication. On top of that, the newer vehicles have built-in speaker phones, though I always recommend that you not drive and talk on your cell phone or speaker phone at the same time. Stay safe. If you receive a phone call or text while you're driving that can't wait, pull over to a safe stopping point before returning the text or call. It is not advisable to do both at the same time. Drivers should only focus on one thing -- driving. Have you signed up for Oprah's "No Phone Zone" pledge yet? You can help her with her request to make our roads safer by going to:
<http://www.oprah.com/questionnaire/pledge.html?id=4>

Become mobile and attract money. With technology, such as the iPhone or Blackberry, etc., you can go and travel just about anywhere in the offline world and be connected to almost everyone on earth. You can do just about anything without staying in just one location. Case in point, check out my business colleague's bestselling book, *[Your Portable Empire](#)* by Pat O'Bryan.

Listen to self-help audios on your phone. You can even do that while driving, traveling or running errands, etc. You can download and stream anything from self-help to money-making podcasts. For example, my free podcasts can be found at <http://mrfire.com/podcast.html>. My audio books can be found at itunes.com, amazon.com and audible.com.

Play games on your phone. There are a ton of game applications (or apps) and online games. Games can relax your mind, relieve boredom and stress if you're somewhere that you don't want to be at that certain time. Game apps could also inspire you to create your own, which of course is another way to make money in your business.

Listen to mp3 music on your phone. You can listen to relaxation music to relieve stress or

motivational music to exercise anywhere you want, i.e., while you're outside, at the gym, in your hotel room, doing outside chores, etc. Music is a great tool to get you "in state" before conducting business.

Listen to digital online/offline radio stations that deal with self-help, making money, eating healthy, exercising, etc. Tune into the many radio talk show hosts that interview successful people and experts you can model.

Take beautiful pictures and make positive videos with your phone. You can view them anytime you get down or in a negative mood. Remember what I said earlier: the Law of Attraction speaks in FEELINGS and responds to your emotions. In order to attract what you want, you are responsible for your own joy and keeping your vibrations "up." Plus, pictures and videos can create good, viral memories for the future.

Read and research information on the web with your phone. You could use the search engine to find websites, educational articles, money-making ebooks, stay updated on blog posts, etc. You can use your phone to the fullest extent in order to stay current.

Save time and frustration using helpful apps to organize your life. You can use apps for mapping out driving locations, organizing information, scheduling your day, scanning information, etc. You can even use your phone as an alarm clock or timer, etc.

Update your online sites and memberships from your phone. I have been known to write out entire [blog posts](#) on my Blackberry (I never leave home without it). You can send out your e-zine, update your blog, submit articles, enter business membership sites, set up autoresponders, upgrade affiliate programs, add something to your site, etc. all from your phone!

Advertise your business or career with your phone. You can buy Pay Per Click (PPC) ads, submit articles, post to forums, post your resume, submit classified ads, buy banner ads, submit online press releases, etc.

Access your home-based personal computer and files from your home with your phone. You may need a file or some information while you are on the road or away from your main computer, which can be very handy and solve you time and effort. You can even store your hard drive online.

Be romantic to your spouse/girlfriend/boyfriend, etc. when you are away. You can send electronic greeting cards, loving emails, compliments via texts, etc. Remember, stable, healthy and loving relationships can make it easier for you to attract money. Reason being that when you are in a loving state, or "in love," this emotion resonates at a higher frequency, thus activating the Law of Attraction and bringing things to you, that much faster. And if you're single, you can use the Internet to find a date on dating sites.

Create profitable information to sell or give away with your phone. You could use your phone to take notes, write articles, write ebooks, create "how-to" videos, record audios, create apps or software, etc. You could even create an info-product about your phone and list all of the

benefits that comes with your phone, i.e. a simplified version of a User's Guide. It is said that when it comes to technology or software, people only learn the bare-bones basic, when they are actually depriving themselves of the full spectrum of benefits made available to them.

You can access social networks with your phone. You can find, negotiate, communicate and stay in touch with potential joint venture partners, friends, customers, outsources, employees, family members, affiliates, etc. via various social media sites as [Twitter.com](https://twitter.com), [Facebook.com](https://facebook.com), [Linkedin.com](https://linkedin.com), etc. Nowadays, you can even track where they are at in the offline world.

Shop on the Internet. A lot of times you can find better deals online and save money than offline, because there are online auctions, pay comparison sites, discount sites, digital coupons, etc. Plus, you can use the information you found online and ask about price-matching in your local area stores.

How to Attract Money While Sleeping

On average, a person usually sleeps 1/3 of their life away. Why not use that time wisely and attract some extra prosperity into your life? Below, you will discover how to use your whole sleeping process as a profitable money-attracting system. The first step will be to relax and since this can be a difficult state for people to achieve, I have listed a number of ways to help you get there.

Read, watch or listen to positive and peaceful information before you fall asleep. It could be a positive story, article, [blog post](#), magazine, online video, television show, movie, song, poem, relaxing sounds, hypnotic voice tracks, etc. I also offer a whole line of subliminal clearing audios at: <http://mrfire.com/hypnotic-products/dvd-audio.html>. You could also just do some positive writing on your own before bed. One of the questions that gets asked a lot of me is how do I get so much work done? I've created well over 200+ products and I have done this by taking a lot of action. The other thing that I do is a technique that comes from my friends, Jerry and Esther Hicks, which is called "The Placemat Method." This is where I pull out a sheet of paper, at night before bed, and I draw a line down the center. On one side I write out my to-do list for the next day and on the other side, I write down everything I want or need the Universe's help with. Funny enough, everything gets done because oftentimes, the Universe will come over to "my side" of my "to do" list and help me with those items too! Because you see? When you live in the moment and trust that everything will always find a way to work itself out, the right people and the right opportunities always show up at the right time.

Have a positive conversation with your spouse, friend, family member, etc. before bed. You could talk about a past experience, the present, the future, etc. It could be in person, over the phone, by chat, by text, etc. Remember, never try to go to bed mad, angry or stressed because it can cause nightmares or lead to a very restless night.

Do some light exercising before you sleep or lie down. It could be going for a brief walk in the night air, doing yoga, stretching, push-ups, sit-ups, etc. You could even use machines like a tread mill or rebounding on a mini-tramp. You could also use stretching bands or light dumb bells, etc. You should embrace whatever works best for you.

Do some relaxing breathing exercises before bed. It could be rhythmic breathing, deep breathing, meditative breathing, etc. It always helps to breathe differently than you normally do to oxygenate your entire body, which has been proven to relieve stress and help you to relax.

Remove or settle all your distractions before you go to bed. Make sure the kids are in bed or asleep, the doors are locked, unused electronics are off, etc. Otherwise, it's hard to relax when you keep getting interrupted. Also, a peaceful night's sleep comes more easily when your sleeping environment is clean and picked up, your worries of the day have been released and all of your affairs are in order.

Turn out the lights before you go to sleep. For a deep, peaceful night's rest and to achieve the delta brainwave state, it's best to sleep with no lights. For those who struggle with a completely darkened room, you could use a night light or a battery operated flame-less candle.

Bathe before going to sleep. Being sanitary can actually help you relax and the effects of warm water can help to put you in a calm and relaxing state.

Pamper yourself with comfortable items to help you relax before bedtime. You want to have a comfortable bed, pajamas/night clothes (or your birthday suit if you prefer), cozy sheets, covers, pillows, fans, etc.

Set your house to a good sleeping temperature. You may have a fan, central air, air conditioner, furnace, open windows, etc. Even the light sounds those items can produce, can help you relax. It's hard to relax or sleep right if you are too hot or too cold.

Make sure your bedroom is clean, picked up and decorated in a positive way. Our body's energetic field and subconscious and unconscious minds are like a sponge and absorbs everything around us (even when we are sleeping!) You want to keep positive pictures around, colors, symbols, plants, beautiful furniture, meaningful knick knacks, etc. You can even focus on a positive item in your room before going to sleep. If you are sleeping at a different place, like at a hotel, bring something positive and familiar to view from your home, before you go to bed. It's also not a good idea to focus on the clock and time, as this can typically make you feel restless.

Eat or drink a soothing snack before bed. It could be warm milk or something light. Just make sure it doesn't have any sugar, caffeine, alcohol, etc. Even some medications could keep you up at night, therefore, sometimes it's best to take your necessary medicines or stimulants earlier in the day. A healthy body ensures a good night's rest. It's very important for you to get your health and fitness on track to ensure sound sleeping patterns.

Try to go to bed around the same time every night. They say the best hours of sleep for the body are before midnight. This is where your "beauty sleep" comes from. Therefore, try to go to bed early and wake up early. Like the old saying goes, "The early bird always gets the worm!" If your body requires a nap during the day, try to do it early enough where it won't off-set your sleeping pattern at night.

Prepare your next day's activities the night before. You want to pick your clothes out, lay out your keys, phone, wallet/purse, know what you'll be eating for breakfast, have your alarm set, pack lunches, etc. Also, know what your schedule is going to be like the next day as well and you can even refer to "The Placemat Method" I had mentioned to you earlier.

Close your eyes and visualize a peaceful, positive time or situation. See yourself reaching your goals or relaxing in a comfortable place, etc. It will help you relax even more. Of course, the best way to meditate and fall asleep quickly is to stop thinking altogether and just watch the movie screen in your mind. With practice, you'll be amazed by all that you see! This form of meditation also helps you to drift away very quickly.

Say a prayer. It will give you hope for the future and relieve many of your worries that you may think about at bedtime, that might otherwise keep you awake at night. Asking a higher power for a positive life can relieve your worries when you leave it in the universe's hands.

Use positive self-talk or affirmations before you go to sleep. You could also listen to a self-help CD before bed that plays positive, relaxing words like: "I attract money." "I am financially secure," etc. Listen to relaxing music or sounds that go along with positive words. Again, my clearing audios can assist you with this at: <http://mrfire.com/hypnotic-products/dvd-audio.html>

Imagine your next day. Try to mentally create all the ways you will attract more money in your life. It could be outsourcing part of your work, completing a certain task, waking up happy and ready to go, being nice to people, etc. This will program your brain to attract money, while you sleep.

Allow your sleep to solve a problem that will allow you to attract money. Say to yourself, "I'm going to dream about solving my problems. My dreams will find a solution to fill in the blank" (whatever your situation is). Just think about everything that centers around it and your subconscious mind will find the solution.

Rehearse the dream you want to have while laying down before you go to sleep. Imagine the whole scenario and everything and everyone you wish to include in your dream. Imagine the financial benefits of the dream, like getting a new business client or launching a new product and all the income that goes along with it. Your subconscious mind may reveal how you can actually make it happen on a conscious level, while you're awake in reality.

Right before you fall asleep is a good time to brainstorm new ideas. You could think of good business, marketing, copywriter, or career advancement ideas that will attract you more money. You may even dream about new ideas. Just keep a notebook/idea journal and pen next to your bed to write them down or if you wake up from a dream you remember. Another great tip is to have a mini-recorder next to your bed so that when you have dreams or ideas during the night, you don't even have to wake yourself up by turning on the light. Simply speak into your recording device and transcribe your thoughts later, when you wake up.

Interpret the dream you don't understand. Sometimes we have dreams that our conscious mind simply does not comprehend. Just write everything down about your dream before you forget it. And try to study what objects, symbols, people, colors, scenery, etc. was in it. It may give you a way to attract money. You could also use a dream interpretation book or dictionary to help you.

Of course one of the best ways to attract money while you sleep is to make money while you sleep. In order to achieve this, you need to work on creating multiple streams of income that pay residual income, ongoing royalties, membership subscription sites, etc. Studying [internet marketing](#) is a wonderful way to learn about having residual income.

Try controlling your dreams. This takes practice but it can be done! The more evolved we become, the more we have the ability to be conscious in the dream state and steer our dreams in the direction we want them to go in! Some people have even been known to wake up from their dreams, not like how it turned out and purposely go back to sleep so that they can find themselves right back in the same scenario, so they can change their dream and *create* it to be how they *choose* it to be. Whether you're in your dream state or awake state, you can steer your

life's course. One of the ways of doing this is to state to yourself, right before you feel you're going to fall asleep, that you will be in control of your own dream. This will also allow you to subconsciously control your financial future because it will build your confidence and beliefs.

How to Attract Money While on Vacation

While having fun, you should still be conscious of attracting money into your life. You may go on a long vacation, on a weekend getaway or out for an evening, etc. The best places to have fun and attract money are where wealthy and business people hang out. Networking with people can lead to new business, a higher paying job, profitable joint venture deals, etc. Whether you're working or playing, our first goal is to relax and have fun. We should also have goals or a set plan and be focused to attract money when the right time or opportunity arrives.

Keep money-attraction items with you to hand out to people you meet. It could be business cards, promo items, resumes, etc. Have all your contact information memorized or ready, i.e. phone numbers, emails, social pages, website addresses, blog links, texts, virtual business information, etc.

Get prepared to meet people. If you are shy or nervous at first, do some relaxing breathing techniques. Don't be intimidated by business or wealthy people -- most of them are friendly and down to earth. They are human just like you. Think positive and imagine the rewarding experience ahead of time. This is also the same technique I teach in my #1 bestselling book, [The Attractor Factor](#), known as "Nevillizing." This means to act as-if you already have the very thing you want to achieve by thinking and feeling it so. In this case, you would imagine and feel yourself secure, confident, happy, relaxed, etc.

Introduce yourself, say "hi" and ask their name. You could open the conversation with a compliment, conversation-starters or open-ended questions. Pretend you are a reporter. Further into the conversation, offer some good advice or how-to information. Find a common connection. Also, make it a point to use their name throughout the conversation.

When appropriate, use humor. Use entertaining short stories, humor, vivid examples or descriptions and jokes. At the same time, listen to what others have to say and laugh at their humor while being sincere. Also, use good manners, etiquette and be polite.

Use positive body language when having conversations. Use good posture, smile, shake hands, wink, keep eye contact, give pats on the back, talk with your hands, etc. You also want to dress appropriately for the environment or occasion.

Ask for people's contact information or business card. Ask permission to follow up with them later. You could ask for some referrals or give them some. You could follow up with a JV offer or invite them to an upcoming event or attraction. You don't want to take too much time from their free time. You want to have a brief, quality or productive conversation, not a long intrusive one. Remember, always communicate in satisfactory ways that will lead people to come back for more.

Encounter people at business events. It could be at seminars, trade shows, workshops, parties, luncheons, award shows, teleseminars, business social networks, clubs, organizations, associations, factory or business tours, self-help success events, etc.

Meet people at sporting events. It could be at football games, baseball games, soccer games, basketball games, tennis matches, track and field events, championship/playoff games, fantasy sports leagues, golf courses, sailing races, skiing slopes, horse races, car races, etc.

Locate people at stores. It could be at high-end department stores, grocery stores, vehicle dealers, boat dealers, jet/helicopter dealers, fitness clubs or gym stores, furniture stores, electronics stores, fashion stores, hobby dealers/clubs, jewelry stores, RV dealers, car shows, music stores, etc. You never know who you will meet in life. When you go out in life, show up prepared.

Find people on vacation. It could be at themed hotels, huge casinos, resort beaches, outside lakes, casino clubs, theater shows, music concerts, historical landmarks, interesting museums, art galleries, amusement parks, building tours, etc.

Run into people at special services. It could be at services for maids, butlers, lawn care, bodyguards, security systems, banking, accountants, lawyers, real estate agencies, investment brokers, massage therapists, nannies, spa, plastic surgeons, physicians, health consultants, business coaches, personal trainers, martial arts/self-defense instructors, etc.

Locate people in big or popular cities. It could be in Hollywood, California, New York, New York, Miami, Florida, Las Vegas, Nevada, Rome, Italy, Sydney, Australia, Tokyo, Japan, Moscow, Russia, Paris, France, Shanghai, Beijing, China, etc.

Find people online to eventually meet offline. It could be on their website, forum, in high-end social networks, subscribe to their ezines, personal chat rooms, at book signings, commenting on their blog, following their social network via Twitter, Facebook, etc.

Meet people at other places. It could be at church, wine tastings, libraries, universities, architecture buildings, aquariums, comedy shows, cultural events, island getaways, log cabins, mountain resorts, subways, office buildings, rich neighbors, busy city streets, etc.

How to Attract Money Doing Daily Activities

Everyday we have to do tasks that helps us keep up with the quality of life we want. Some people find them to be repetitive, boring, frustrating, etc. Others feel there are very few activities that are considered really enjoyable. However, with the right attitude, you can make any daily chore or activity more enjoyable with your mind, by using it to improve your overall finances, directly or indirectly.

There is the chore of cleaning. It could be washing dishes, dusting furniture, mopping the floor, doing laundry, making beds, wiping counters, sweeping floors, shampooing the floor, etc. You can imagine work or business guests complimenting your home. Also, living and working in clean space is a very loving thing to do for yourself. Being in clean space lends itself to *clear* thinking. Also, it is important to note that if you work or live in clutter, you are not able to activate the Law of Attraction easily and attract things to you as quickly.

There is the job of cooking. It could be making breakfast, brunch, lunch, dinner, dessert, snacks, packing lunches, making recipes, preparing food, baking, steaming, stirring, chopping, frying, etc. You can picture how cooking for your family or friends will help bring prosperity to them and indirectly bring it to you. This exercise also provides you with the opportunity to be grateful for all that you have and what you are able to give to your family.

There is the activity of working. It could be managing, lifting, building, assembling, accounting, selling, negotiating, servicing, delivering, hiring, developing, marketing, copywriting, etc. You can visualize the results of your work as increasing your sales or getting a raise or promotion.

There is the function of eating. It could be eating meat, fruit, vegetables, sandwiches, snacks, cereal, bread, diet foods, etc. or drinking coffee, soda pop, water, shakes, fruit juice, energy drinks, etc. You can picture how good the food will taste and how healthy it makes you feel and how much energy you will now have to do your work. Food is also another form of abundance that you can embrace and be grateful for. Remember, the way the Law of Attraction works is you get more of what you think about. Focus on everything you already have to be grateful for (including food) and more of everything will come your way.

There is the undertaking of bathing. Bathing can be used as a metaphor. As you engage in the exercise of taking a bath or shower, washing your hair, putting on deodorant, perfume/cologne, washing your face or hands, soaking your feet, brushing your teeth, etc., imagine all of your stress, worries, money fears, etc. being washed away. You can then picture a clean slate for new beginnings and having a fresh start for new money-making opportunities to appear. Plus, we feel better about ourselves when we are well groomed. People also respond to us better and thus, we are able to make better connections.

There is the duty of running errands. It could be going to the bank, store, gas station, post office, court house, library, picking up food, car wash, oil change, picking up the kids, etc. You can visualize getting everything done so you can concentrate on your work. Not only that, but when you go out into the world, **every moment** is an opportunity to network.

There is the assignment of studying. It could be reading, writing, listening, problem solving, worksheets, book reports, projects, essays, taking classes or courses, researching, drawing, memorizing, computer/Internet surfing, etc. You can picture learning something new that can help you to attract more money.

There is the endeavor of waiting. It could be waiting at a doctor's appointment, at a drive-through, waiting for a ride, waiting for a place to open, waiting on a friend, waiting on the mail, waiting on a vehicle repair, etc. You can use this time wisely by imagining your business goals or being open to resources to appear that can help you improve your life and income.

There is the mission of exercising. It could be lifting weights, jogging, stretching, using workout machines, running, obstacle courses, aerobics, cardio, workout CDs, sports playing, etc. You can visualize looking good for clients, customers or bosses and of course your good health. Remember, when you look fit and feel healthy, it gives you more energy and boosts your confidence levels. This may allow you to be present for business opportunities because you're excited to be seen and out and about in the business or social world.

There is the activity of dating. It could be meeting someone for dinner, a drink, a movie, at an amusement park, or at a club, a museum, a park, going for a nature walk, having a picnic, going sight-seeing, or dancing, going to a theater, a concert, etc. You can picture a good, long-lasting and loving relationship that is full of abundance. In fact, you should view all of your relationships as being loving and filled with prosperity. Let go of all ties that are negative or bring you down. This can drain you and keep you from having the financial freedom you are looking for.

There is the project of doing yard work. It could be mowing the lawn, pulling weeds, landscaping, planting flowers, watering plants, building lawn ornaments, trimming bushes or trees, painting, fixing things up, etc. You could imagine increasing the overall value of your home as you keep up with these tasks. You can have fun with this as you imagine the money seeds you are planting with your ideas. Again, anything can be used as a metaphor.

There is the situation of communicating. It could be talking on the phone, talking in person, texting, chatting, listening to others, giving advice, telling stories, telling jokes, teaching, visiting people, praising, introducing, asking, etc. You could picture a conversation leading to a job opportunity or joint venture deal.

There is the action of participating in hobbies. It could be drawing, painting, knitting, collecting something, antiquing, tattooing, modeling, computers, fantasy football, fishing, insect finding, magic tricks, playing games etc. You can picture your hobby into a profitable business venture. This falls under the age-old advice of "Do what you love!"

There is the responsibility of dressing. It could be picking out clothes, putting on jewelry, putting on makeup, doing your hair, matching your clothes, putting on a shirt/pants/dress, etc. You can visualize other people seeing you as an attractive or authoritative figure, based on the type of clothes you wear. Also, your clothing actually determines your state of mind. Many successful businesses have dress codes for this very reason. It is believed that if you wear

professional clothing, such as a business suit, you will have a richer mind-set, rather than when you wear casual clothing. See for yourself. As an experiment, try going out in a sweatsuit for the day vs. a ballgown or tuxedo. You'll find that your body posture and frame of mind is completely different.

There is the experience of celebrating. It could be Christmas, Thanksgiving, birthdays, Fourth of July, Halloween, accomplishments, milestones, wedding, anniversary, graduations, Valentines Day, etc. Holidays and celebrations create a gateway for professional networking and getting referrals. It's also very important to celebrate your successes, no matter how big or small. We all need rewards along the way and something to look forward to.

Conclusion

Of course, there are thousands of other examples of actions that people do daily, weekly, monthly or yearly that I didn't list here. But it does cover the broad spectrum of categories and what people do most in their lives. More importantly, the point I tried to illustrate in this ebook is that if you want to attract money anytime, anywhere, doing anything, just ask yourself how you can attract money doing exactly what you're doing right now. Your subconscious mind will eventually answer your question with a profitable answer that will lead to a more abundant lifestyle.

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BY DR. JOE VITALE

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Recently, 1,000 people called in from all over the world to listen to an unusual four-part tele-seminar series I hosted called *How to Attract a New Car*.

And the results were amazing. (Now you will have the opportunity to listen in on this riveting set of tele-seminars yourself).

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- How can someone with no credit and no cash drive off with a brand new car?
- How can someone terrified of cars and car salesmen get over it in just days?
- How can I go from poverty to having BMW build a new car for me?
- How is all this possible?

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To learn more and order today, go to...www.attractanewcar.com

What stage of awakening are you in?



Why did Albert Einstein say - "No problem can be solved from the same level of consciousness that created it"? Because *the only way to make all your problems disappear is to transcend them.* (But how?)

Popular bestselling author and star of the hit movie "The Secret," Dr. Joe Vitale will take you on a magical journey through the four stages of awakening. Dr. Vitale will instruct you on the pitfalls and practices of each stage and will finally lead you into the fourth and final stage of complete awakening - a place RARELY described before. In the downloadable *Awakening Course*, you will learn...

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- How you can **create your own awakened life filled with miracles**
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- Ways to TURN YOUR FEARS INTO CATALYSTS FOR SUCCESS
- How to move beyond ego
- **5 steps for attracting anything** or anyone into your life
- The missing secret for making the Law of Attraction work every time
- HOW THE UNIVERSE WORKS (the real truth)
- Cleaning and clearing methods allowing miracles
- New perspectives on money, role models, and the power of your unconscious
- How to re-state complaints into positive life-changing intentions
- The role gratitude plays in attracting what you want in your life
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And more!

The downloadable *Awakening Course* (which downloads from the Internet - right onto your computer) comes with 5 audio presentations, *Awakening Course* Live DVD, Inspired Action Guide and **TWO FREE BONUS audio presentations (Awakened Millionaire and Awakened Relationship)**! (ALL DOWNLOADABLE TO YOUR COMPUTER IN MINUTES).

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Listen to this - "The Secret to Attracting Money!"



The potential to attract money and create abundant wealth doesn't reside in your job, your circumstances, or even the economy. **It resides within YOU.** Your mind is equipped with the NATURAL ability to **attract as MUCH money as you want and need** — at anytime, anyplace, in any financial climate, without struggle. **You just have to know how to trigger it.**

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- Avoid the lies, myths, and media conspiracies that will keep you in a state of "victimhood" and "poverty consciousness"
- Uncover compelling new reasons for wanting money that **will amplify your money-attraction powers**, allowing you to attract money & wealth easier and much faster than you can imagine
- Utilize Dr. Vitale's proven tips, insights and resources to help you attract money at lightning speed
- Create business and entrepreneurial opportunities, while doing what you love -- by following a detailed, step-by-step plan

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**Why haven't YOU attracted all the money you want?
What's the real secret to removing hidden inner
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"At last! - You can now start clearing the unconscious limiting beliefs that have prevented your attracting all the money you desire!"

The *Clearing MONEY Audio*[™] is a BREAKTHROUGH IN PERSONAL GROWTH. It contains original music by Pat O'Bryan (an accomplished musician with several CDs released) and original statements by Dr. Joe Vitale, a certified hypnotherapist and "master belief cleanser."

The combination of spoken commands and original music, combined with some high-tech binaural sounds [Milagro VF[™]], creates a unique audio that speaks to your unconscious mind. The music is easy listening, relaxing, and de-stressing. You can play it while you work, drive, rest, exercise or even sleep. You can listen to it once a day, once every few days, or whenever you feel inspired to play it.

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Like you, I hear about so many health products and read so many claims that most of it becomes a blur. And most of it isn't more than hype, anyway. So I'm as skeptical as anyone when it comes to the "latest thing," especially in the world of health...



...But I keep an open mind, keep researching, take a handful of proven products myself, and stay hopeful that one day I'll find a new product that actually does what the marketing for it claims. After all, I'm 55 now and want to take even better care of myself.

I currently take *a lot* of health products. (See some at www.mrfire.com/hypnotic-products/nutrition.html) But I thought you might be interested in one of the newer products that I take. I'm only offering this as information, for you to review yourself.

If you (or someone you know) is interested in better health and/or anti-aging, this might be of real value. It might even be a life-saver. It might even be the Fountain of Youth.

It's called Youth Juice.

Why is it so special?

Youth Juice currently yields the highest ORAC value of *any* product on the market (12,350 per serving). In the world of anti-aging medicine, highest ORAC translates to highest anti-aging effects.

But what does that actually mean?

ORAC means *Oxygen Radical Absorbance Capacity*. The average ORAC intake for humans is approximately 1,600 per day. Even those who consume 4 to 5 servings of fruits and vegetables per day - and who does *that?* - only obtain around 2,000 ORAC.

Yet scientists at the USDA-ARS Human Nutrition Research Center on Aging at Tufts University now recommend a daily consumption of antioxidant nutrients between 3,000 to 5,000 ORAC.

Obviously, we're not getting enough of it.

But remember, Youth Juice currently yields the highest ORAC value of any product on the market - 12,350 per serving!

Now maybe you can sense why I am getting more excited about this product. Youth Juice is a drink made of 100% pure organic berries and sea vegetables. It tastes like a rich fruit juice. You drink 3 ounces in the morning. That's it.

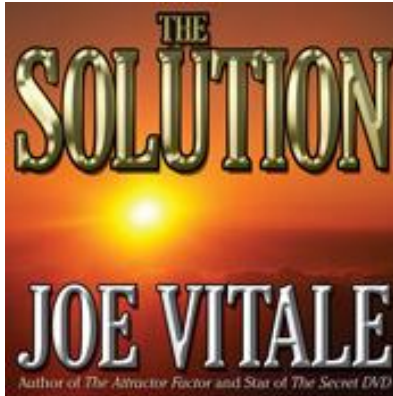
It contains 7 important antioxidant-loaded and cancer-fighting berries (raspberries, blueberries, blackberries, black elderberries, blackcurrant berries, boysenberries, and cranberries). It also contains 3 immune-enhancing and detoxifying sea vegetables (fucoidan, rockweed, and ulva).

Rather than pretend I know what I'm talking about (I'm not a medical doctor, remember, though I am a member of the American Academy of Anti-Aging Medicine), just visit the site below for more information.

Again, I feel this is essential to good health. I take it myself. Get more details at:

<http://ourworldnetwork.com/mrfire>

What is *The Solution* to all Problems?



Dr. Joe Vitale goes beyond feel good pep talks to reveal the real solution to attracting miracles in EVERY area of your life and transcending your problems.

Inspiring, enlightening and mind expanding, Dr. Vitale's *The Solution* involves **a proven step-by-step methodology** to quickly get you out of what he calls "Victimhood."

The Solution reveals:

- How to break free from victim mentality - so you can get on with your life
- How to release limiting beliefs about money and relationships once and for all
- How **to release fear and find courage in every area of your life**
- How to go from goal "setting" to goal "getting" faster than you can imagine
- Three time-tested ways to ATTRACT MIRACLES in every area of your life
- The four-step path to true spiritual awakening
- Three words that are guaranteed to change your life (and the planet) forever

Discover *The Solution* today!

To learn more and order today, you can purchase at either iTunes or Audible.com below...

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"What Would Happen if 8,185 People Held an Intention for You Personally?"



FACT: 23 scientific studies PROVE that when groups of people meditate, the crime and violence in their area goes down

AND the wealth, peace, and prosperity goes up.

I'm creating a community of people to do just that - hold your intention (whatever it may be) FOR you - The combined energy of this number will virtually guarantee your results!

Think of what this would mean to your life, your family, your city, state and even the planet!

Read on to discover how to join this movement TODAY!

What kind of miracle are you looking for?

Whether it's love, healing, money, or anything else, wouldn't it be easier if you had help? Of course it would.

And that is the inspiration behind *The Attract Miracles Community*.

You get access to other members who can help you attract miracles -- **guided meditations** to help you ATTRACT MIRACLES FASTER than ever -- **personalized answers to your questions** -- **new audio or video presentation every month** -- **access to my "Miracles Library" of digital books** -- **inspiring videos** -- AND MUCH MORE!

You'll also get instant access to many of my courses, seminar audios & videos (and MORE will be added each month) including: *Zero Limits I* Audio Program, *Zero Limits II* Audio Program, *Breakthrough Manifestation Weekend I* Audio Program, *Breakthrough Manifestation Weekend II* Audio Program, *Miracles Weekend in San Diego* Video Program and my exclusive AAA *Plan to Attracting Wealth* program.

Join *Attract Miracles* or learn more at...

www.attractmiracles.com

**Activate the full power of the Law of Attraction
using the critical "missing piece" that
empowers you to automatically and
consistently get what you want!**



According to Dr. Joe Vitale, it's one thing to know what the Law of Attraction is. But if you want to put the power of this incredible natural force to work for you in a positive and consistent way, you **MUST** understand something else...the "Missing Secret" that will bring it all together for you. In this wise, warm, and ultimately life-changing program, Joe Vitale uncovers what this missing component is, and shows you how **to use it to attract wealth, health, success, happiness, love, and more into your life** - quickly, consistently, and automatically.

In these 12 sessions you'll discover how to:

- **Turn ANY desire into reality, using the PROVEN 5-step Attractor Factor Process**
- Stop attracting what you don't want, by identifying and eliminating the subconscious beliefs that are bringing negative experiences into your life right now
- **Remove all your limitations and start living** and achieving at a level you never imagined possible before, using the revolutionary Self-Identity Ho'oponopono Process
- Begin to instantaneously **HEAL** injury, illness, disconnects, and more, using 4 simple phrases
- **Attract positive outcomes** into the lives of others - no matter how far away they are or how difficult their challenges may be

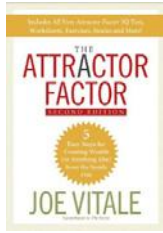
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The Missing Secret comes with 6 CDs, *Install and Transcend The Secret* DVD, *The Missing Secret Interactive Progress Guide* and *Thought Vibration* book.

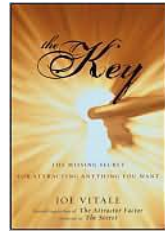
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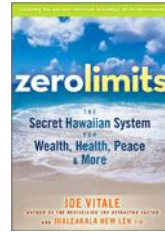
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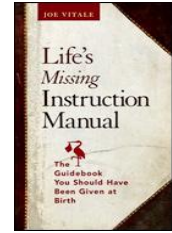
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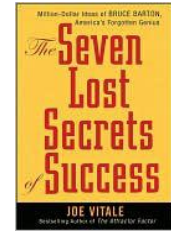
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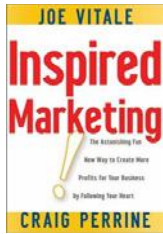
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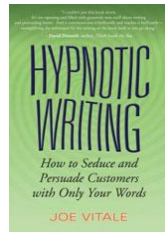
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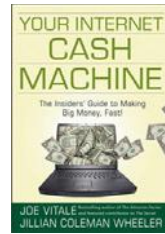
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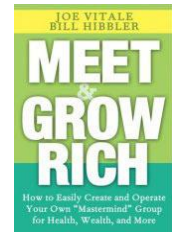
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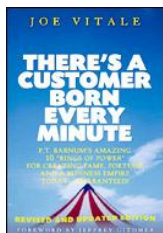
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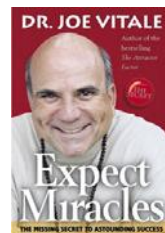
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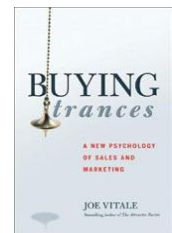
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About the Author

Dr. Joe Vitale is the author of far too many books to mention here. Here are just a few of them:

He wrote the bestseller, *The Attractor Factor: 5 Easy Steps for Creating Wealth (or anything else) from the inside out*. It became a #1 bestseller twice, even beating the latest Harry Potter book.

He also wrote *Life's Missing Instruction Manual: The Guidebook You Should Have Been Given at Birth*. It, too, became a #1 bestseller and was picked up by WalMart.

Joe also wrote *Hypnotic Writing* and *Buying Trances: A New Psychology of Sales and Marketing*. Besides all of his books, Joe also recorded the #1 best-selling Nightingale-Conant audioprogram, *The Power of Outrageous Marketing*.

Joe's marketing methods have made people millionaires. He's been involved with every aspect of marketing, from traditional, direct mail, to publicity, to infomercials. He is the President of Hypnotic Marketing, Inc. and is the world's first hypnotic writer. He created a home-study course called "Hypnotic Selling Secrets" -- and made \$450,000 in 3 days selling it online.

He's being called "The Buddha of the Internet" and, after his huge weight loss, "The Charles Atlas of the Internet."

Known for his outrageous publicity stunts, Joe received local and national media attention from the likes of The New York Post for "The World's First Canine Concert" (<http://www.canineconcert.com/>) in order to promote his bestselling book: *There's a Customer Born Every Minute - P.T. Barnum's Secrets to Business Success* book.

Joe is also one of the stars in the hit movie "The Secret" (<http://thesecret.tv/>). He was seen on Larry King Live on November 16, 2006 and March 8, 2007.

On March 6, 2007, Joe was interviewed on ExtraTV to talk about "Hollywood's Latest Craze: 'The Secret.'" On November 19, 2007, he was a guest on CNBC's "The Big Idea" with Donny Deutsch: <http://blog.mrfire.com/> (11/20/07 post).

He was also featured in Newsweek's March 5, 2007 issue, story titled: "Decoding 'The Secret.'" He was a Keynote Speaker at the prestigious National Speakers Association Convention in San Diego, CA in July, 2007.

In addition to "The Secret," Dr. Vitale has been featured in the following films: "Try it on Everything," "The Opus," "Leap!" and "The Compass." Also, coming soon to a theatre near you: "Breaking through the Barriers" and "The Meta-Secret."

Dr. Vitale discovered that there is a "missing secret" to success. He says many people do everything right but still don't get great results. Why not? He says there are counter-intentions you need to clear. He's created several ways to do just that, from his new Miracles Coaching™ program (www.MiraclesCoaching.com), to the incredible method explained in his book, *Zero Limits*.

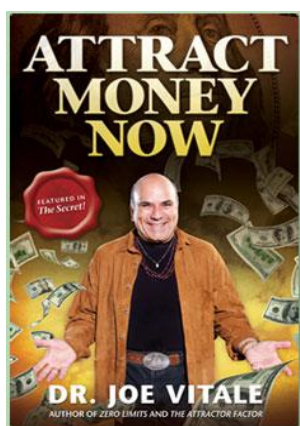
Dr. Vitale's style is inspiring and informative. He doesn't speak so much as to inspire. His mission is to help you achieve your dreams.

For access of Dr. Vitale's marketing expertise, sign up for his complimentary newsletter "News You Can Use!" at his main website at: www.mrfire.com

To get his latest spiritual gems of wisdom, sign up for his Awakening Monthly Newsletter at: www.AwakeningMonthly.com

For thoughts, news, riffs and reviews by Dr. Joe Vitale ("Mr. Fire!") about marketing, publicity, selling, hypnosis, copywriting, books, fitness, metaphysics and anything else he cares to comment on, including healing, humor and the Internet, be sure to visit his blog at: <http://blog.mrfire.com/>

Also, have you picked up your copy of his newly released book, *Attract Money Now*? It's FREE! (If you don't have it, you're going to want to get it).



You can sign up and get it here at...

<http://www.attractmoneynow.com>

and remember, it's FREE!

To contact the author of this book,
please e-mail Suzanne@mrfire.com
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